

Plants that get you high!



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GVHealth

Substances which are currently seen as being harmful have not always been seen that way



He's one of the busiest men in town. While his door may say *Office Hours 2 to 4*, he's actually on call 24 hours a day.

The doctor is a scientist, a diplomat, and a friendly sympathetic human being all in one, no matter how long and hard his schedule.

According to a recent Nationwide survey:

MORE DOCTORS SMOKE CAMELS THAN ANY OTHER CIGARETTE

DOCTORS in every branch of medicine—113,597 in all—were queried in this nationwide study of cigarette preference. Three leading research organizations made the survey. The gist of the query was—What cigarette do you smoke, Doctor?

The brand named most was Camel!

The rich, full flavor and cool mildness of Camel's superb blend of costlier tobaccos seem to have the same appeal to the smoking tastes of doctors as to millions of other smokers. If you are a Camel smoker, this preference among doctors will hardly surprise you. If you're not—well, try Camels now.

CAMELS *Castler Tobaccos*

Your "T-Zone" Will Tell You ...

T for Taste ...
T for Throat ...

that's your proving ground for any cigarette. See if Camels don't suit your "T-Zone" to a "T."

A. S. Brown, Manufacturer

COCAINE TOOTHACHE DROPS

Instantaneous Cure!
PRICE 15 CENTS.
Prepared by the
LLOYD MANUFACTURING CO.
219 HUDSON AVE., ALBANY, N. Y.
For sale by all Druggists.
(Registered March 1885.) See other side.

Use of some became illegal after becoming seen as problematic (cocaine, opiates, cannabis)



Caffeine

1,3,7-trimethylxanthine



- Caffeine occurs in >60 plant species
- *How Caffeine Created the Modern World* –Michael Pollan
- Clearly a drug
 - Tolerance
 - Dependence
 - Withdrawal syndrome



DMT in Australia

- *Acacia maideni* 'Maiden's wattle'
- *Pandanus paniculatus* 'Screw Pine'
- *Dubosia leichhardtii* 'Corkwood tree'



Government to ban common garden plants

Kerry Smith, February 5, 2011

Issue 867 // Australia



Some species of Wattle may be included in the government ban.

New federal drug laws could make thousands of native and common garden plants illegal.

The proposed legislation will place common plants under schedule II of the drug code along with plants such as marijuana and opium poppies.

The most worrying aspect of the legislation is the sheer number of plant species that will be made illegal.

Many of the substances produced by the plants are already illegal to manufacture or consume. However, there is not any significant market for making drugs from these plants and they are not sold or produced by organised crime.

Adelaide Today 🌤️ 14° / 24° >

The Advertiser

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Fury as drug war targets nursery plants

NURSERIES are blooming furious over federal plans to ban garden-variety plants, claiming it could send businesses to the pits.

Angus Thompson

🕒 less than 2 min read March 12, 2011 - 12:00AM HeraldSun

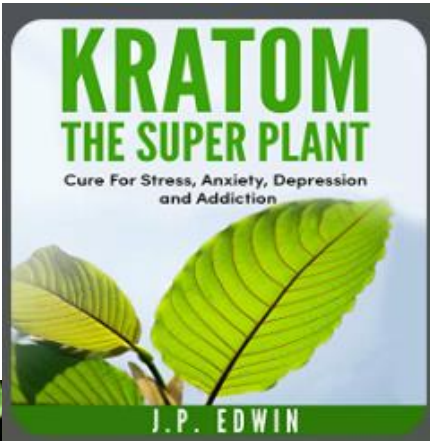
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NEWS

Proposed legislation would make most gardens and farms illegal



Healthy Communities



Mitragyna speciosa



- Tropical tree
 - 40 named alkaloids
 - Mytraginine
 - Acts on opioid receptors
 - Relieves pain
 - Pleasurable
 - ? Treatment for opioid abuse
- Illegal in Australia



Sethi, R., Hoang, N., Ravishankar, D. A., McCracken, M., & Manzardo, A. M. (2020). Kratom (*Mitragyna speciosa*): friend or foe?. *The Primary Care Companion for CNS Disorders*, 22(1), 27410.



Healthy Communities

Khat – *Cathus edulis*

- East Africa & Arabia
- Contain cathinones
 - Natural stimulant
 - Euphoria, excitement
 - ↓ appetite
 - ↑ anxiety
- Illegal in Australia



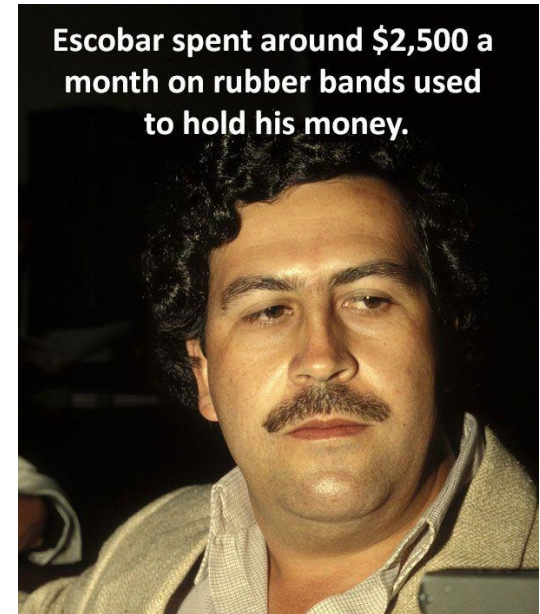


Cocaine

Erythroxylum coca



- Widespread in South America
- World wide trade
- The UN guesses that there are 17.1 million cocaine users, supporting a global market of \$88 billion.
- Illegal in Australia



Australian 'cocaine' plant

- *Erythroxylacae australe*

- *The leaves contain 0.8% meteloidine, an alkaloid similar to cocaine.*
- *The roots contain dihydroxytropacocaine and methylecgonidine*
- *All Erythroxylum trees are banned in New South Wales despite this species being native in New South Wales.*





Angel's trumpet *Brugmansia sp.*



- Woody shrub – small tree
- All parts of the plant contain scopolamine and hyoscyne
- Hallucinogenic
 - ‘terrifying’ rather than pleasant
- Widely available garden ornamental

Salvia divinorum

- Related to mint
- Brewed as a tea
- Active at the opioid receptor
- Unique psychedelic
- All *Salvia divinorum* products are prohibited plant

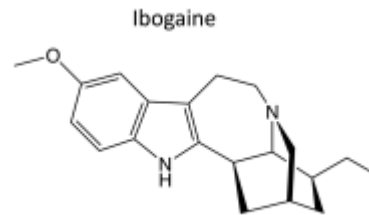


IBOGAINE: **AFRICAN DRUG** **THAT CURES** **OPIOID ADDICTION**



Tabernanthe iboga

- African herb
- Affects many neurotransmitters
 - SSRI
 - Opioid agonist
 - Mild stimulant
- Profound psychedelic in large doses
- Grows in NSW & Queensland



Australian psilocybin

- Mushrooms
 - Various species have psilocybin
 - *Psilocybe subaeruginosa*
 - *Panaeolus cyanescens*
 - *Psilocybe semilanceata*



Water Lily (*Nymphaea caerulea*)

- *Blue Water Lily*
 - Apomorphine
 - Nuciferine
 - Flavinoids



Oosthuizen, C. B., Fisher, M., & Lall, N. (2020). *Nymphaea caerulea*. In *Underexplored Medicinal Plants from Sub-Saharan Africa* (pp. 205-210). Academic Press.

Schimpf, M., Ulmer, T., Hiller, H., & Barbuto, A. F. (2021). Toxicity From Blue Lotus (*Nymphaea caerulea*) After Ingestion or Inhalation: A Case Series. *Military Medicine*.



Pituri (*Duboisia hopwoodii*)

Traditional Aboriginal stimulant and analgesic

- “We observed that some, tho few, held constantly in their mouths, the leaves of an herb which they chewd as a European does tobacco or an East Indian Betele. What sort of plant it was, we had not an opportunity of learning...” Joseph Banks 1770

Alkaloid	% Total alkaloid			
	Northern Territory		Western Australia	
	Roots	Leaves	Roots	Leaves
Nornicotine	17.7	86.2	47.8	20.2
Nicotine	19.1	8.8	tr	77.1
N-Formylnornicotine	tr	1.1	3.8	tr
Myosmine	---	1.4	7.8	tr
Hyoscyamine	55.6	---	40.7	1.9
Hyoscine	6.0	---	---	---

There's more



- Plants

- Cannabinoids
- Tobacco
- Opium poppy
- Kava
- Cacti (mescaline)

- Animals

- Toads (bufotenine, DMT)
- Hallucinogenic fish
- Sea sponges (DMT)

Plants people smoke



[Althaea officinalis](#) ~ "Marshmallow"

[Amaranthus dubius](#)

[Arctostaphylos uva-ursi](#) ~ "Bearberry"

[Argemone mexicana](#)

[Arnica](#)

[Artemisia vulgaris](#) ~ "Mugwort"

[Asteraceae](#) species ~ "Chamomile"

[Cabbage](#) ~ Brassica Oleracea

[Calea zacatechichi](#)

[Calendula](#)

[Canavalia maritima](#) ~ "Baybean"

[Cannabis](#) THC and CBD

[Cecropia mexicana](#) ~ "Guamura"

[Cestrum nocturnum](#) ~ "Hasana"

[Cynoglossum virginianum](#) L. ~ "Wild comfrey"

[Cytisus scoparius](#)

[Damiana](#)^[2]

[Entada rheedii](#)

[Eschscholzia californica](#) ~ "California Poppy"

[Fittonia albivenis](#)

[Hippobroma longiflora](#)

[Humulus japonica](#) ~ "Japanese Hops"

[Lavandula](#) species ~ "Lavender"

[Lactuca virosa](#) ~ "Lettuce Opium"

[Laggera alata](#) ~ "?"

[Lamiaceae](#) species ~ "Mint"

[Leonotis leonurus](#) ~ "Lion's tail"

[Leonurus cardiaca](#) ~ "Motherwort"

[Leonurus sibiricus](#) ~ "Honey weed"

[Lobelia cardinalis](#)

[Lobelia inflata](#) ~ "Indian-tobacco"

[Lobelia inflata](#)

[Lobelia siphilitica](#)

[Nepeta cataria](#) ~ "Catnip"

[Nicotiana](#) species ~ "Tobacco"

[Nymphaea alba](#) ~ "White Lily"

[Nymphaea caerulea](#) ~ "Blue Lily"

[Opium poppy](#)

[Origanum majorana](#) ~ "Marjoram"

[Origanum vulgare](#) ~ "Oregano"

[Passiflora incarnata](#) ~ "Passionflower"

[Pedicularis densiflora](#) ~ "Indian Warrior"

[Pedicularis groenlandica](#) ~ "Elephant's Head"

[Red raspberry leaf](#)

[Rubus occidentalis](#)

[Salvia divinorum](#)

[Salvia dorrii](#) ~ "Tobacco Sage"

[Salvia](#) species ~ "Sage", etc.

[Scutellaria galericulata](#)

[Scutellaria lateriflora](#)

[Scutellaria nana](#)

[Scutellaria](#) species ~ "Skullcap"

[Sida acuta](#) ~ "Wireweed"

[Sida rhombifolia](#) ~ "Wireweed"

[Silene capensis](#)

[Syzygium aromaticum](#) - "Clove"

[Tagetes lucida](#) "Mexican Tarragon"^[5]

[Tarchonanthus camphoratus](#) ~ "???"

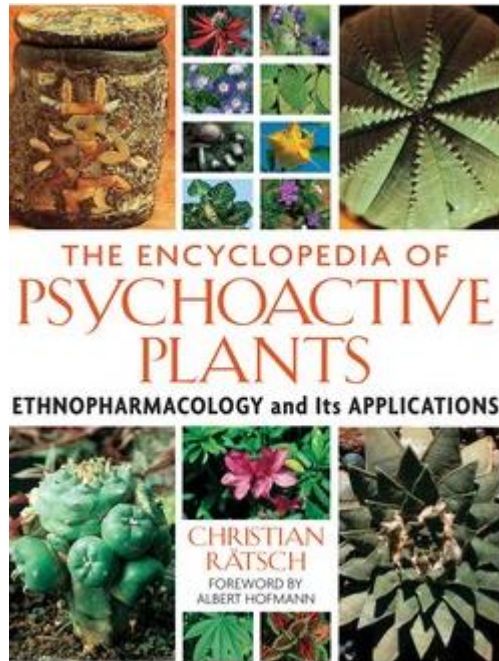
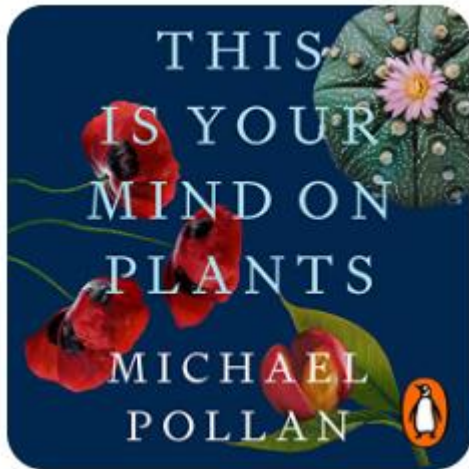
[Turnera diffusa](#) ~ "Damiana"

[Tussilago farfara](#) ~ "Coltsfoot"

[Verbascum](#) species ~ "Mullein"

[Zornia latifolia](#) ~ "Maconha Brava"





Thank you



Healthy Communities