ALTERNATIVE HEALTH SERVICES GUIDE

GV Health's Emergency Department is currently experiencing high demand, resulting in lengthy wait times for patients with non-urgent matters.

We ask that community members only come to the Emergency Department for conditions that are urgent or life-threatening.

If your condition is not urgent or life-threatening, please visit a GP or refer to the list of alternative services below.



Priority Primary Care Centre SHEPPARTON MEDICAL CENTRE	If you need urgent medical care but it's not an emergency, the Priority Primary Care Centre provide urgent care for non-life-threatening injuries and illnesses. Open: 8am to 10pm, 7 days 49 Graham St, Shepparton, VIC. (03) 5823 3100	VICTORIAN VIRTUAL EMERGENCY DEPARTMENT Northern Health	Connect virtually to emergency doctors and nurses who will provide medical advice. Open: 24/7 www.vved.org.au/patients/
Benalla HEALTH	Urgent Care Centre in Benalla Open: 24/7 45-63 Coster St, Benalla, VIC. (03) 5761 4222	NURSE- <u></u> N-CALL	Free health care advice from a registered nurse. Open: 24/7 1300 606 024
Kilmore District Health	Urgent Care Centre in Kilmore Open: 24/7 1 Anderson Rd, Kilmore, VIC. (03) 5734 2000	Maternal and Child Health at Greater Shepparton City Council	A free service and available to all families with children aged 0 to 6. Open: Monday - Friday, 8.30am to 4pm (03) 5832 9312
HEALTH SERVICE	Urgent Care Centre in Kyabram Open: 24/7 86-96 Fenaughty St, Kyabram, VIC. (03) 5857 0200	Maternal and Child Health Line after-hours service	This is a 24-hour telephone service staffed by qualified maternal and child health nurses. The telephone line provides over-the-phone information,
Nathalia Cobram Health Numurkah	Urgent Care Centre in Nathalia and Numurkah Open: 24/7 36-44 McDonell St, Nathalia, VIC. (03) 5866 9444 2 Katamatite Rd, Numurkah, VIC. (03) 5862 0555		advice and referral to all families with young children Open: 24/7 132 229
	Urgent Care Centre in Cobram Open: Weekdays 8am to 5.30pm, weekends 9am to 1pm 24-32 Broadway St, Cobram, VIC. (03) 5871 0777	දි healthengine	Speak with an Australian Qualified GP from anywhere via phone or video. Open: 24/7
YARRAWONGA	Urgent Care Centre in Yarrawonga Open: 8am to 5pm weekdays 33 Piper St, Yarrawonga, VIC. (03) 5743 8111	My Emergency Doctor	healthengine.com.au Telemedicine service providing phone or video consultations with Australian-qualified senior emergency specialist doctors. Open: 24/7
දිටි headspace	Support service for young people (12-25 years old). Open: Monday, Wednesday, Friday: 9am - 5pm; Tuesday & Thursday: 9am - 7pm,		myemergencydr.com
	129 High St, Shepparton, VIC 3630 (03) 5823 8800 24/7 hotline: 1800 650 890	TELEMEDICINE DOCTORS	Consult an Australian Medical Board-certified GP by phone or video. Prescriptions, medical certificates, referrals, general consults, blood tests, x-rays and more. Open 7 days: Weekdays 9am to 9pm,
Goulburn Valley Area Mental Health Services Centralised Triage	Mental health support service staffed by a team of experienced local mental health professionals. Open: 24/7 1300 369 005		nationaltelemedicinedoctors.com (02) 8834 7760
PRIMARY CARE CONNECT	Diabetes education, farmer's health, refugee health, cancer support and more. Open: Monday – Friday, 9am – 5pm 399 Wyndham St, Shepparton, VIC. (03) 5823 3200	primemedic	Doctor consultations, prescriptions, medical certificates, and specialist, radiology and pathology referrals. Open: 24/7 primemedic.com.au
13SICK	After hours, bulk billed, in-home doctor visit / telehealth session. Open: Weekdays from 6pm Saturdays from 12 noon All day Sundays	Instant Scripts	Online prescriptions, telehealth doctor consultations, online medical certificates and pathology requests. Open: Everyday 6am to midnight instantscripts.com.au

137 425 | 13sick.com.au