

ALTERNATIVE HEALTH SERVICES GUIDE



GV Health's Emergency Department is currently experiencing high demand, resulting in lengthy wait times for patients with non-urgent matters. We ask that community members only come to the Emergency Department for conditions that are urgent or life-threatening. If your condition is not urgent or life-threatening, please visit a GP or refer to the list of alternative services below.

Priority Primary Care Centre

If you need urgent medical care but it's not an emergency, the Priority Primary Care Centre provide urgent care for non-life-threatening injuries and illnesses.
Open: 8am to 10pm, 7 days
49 Graham St, Shepparton, VIC.
(03) 5823 3100

SHEPPARTON MEDICAL CENTRE

Benalla HEALTH

Urgent Care Centre in Benalla
Open: 24/7
45-63 Coster St, Benalla, VIC.
(03) 5761 4222

Kilmore District Health

Urgent Care Centre in Kilmore
Open: 24/7
1 Anderson Rd, Kilmore, VIC.
(03) 5734 2000

KYABRAM DISTRICT HEALTH SERVICE

Urgent Care Centre in Kyabram
Open: 24/7
86-96 Fenaughty St, Kyabram, VIC.
(03) 5857 0200

NCN Health

Urgent Care Centre in Nathalia and Numurkah
Open: 24/7
36-44 McDonell St, Nathalia, VIC.
(03) 5866 9444

2 Katamatite Rd, Numurkah, VIC.
(03) 5862 0555

Urgent Care Centre in Cobram
Open: Weekdays 8am to 5.30pm, weekends 9am to 1pm
24-32 Broadway St, Cobram, VIC.
(03) 5871 0777



Urgent Care Centre in Yarrowonga
Open: 8am to 5pm weekdays
33 Piper St, Yarrowonga, VIC.
(03) 5743 8111



Support service for young people (12-25 years old).
Open: Monday: 9am-8pm, Tuesday: 9am-6pm, Wednesday-Friday: 9am-5pm
129 High St, Shepparton, VIC 3630.
(03) 5823 8800
headspace: 1800 650 890 (weekdays from 9am-1am)

Goulburn Valley Area Mental Health Services Centralised Triage

Mental health support service staffed by a team of experienced local mental health professionals.
Open: 24/7
1300 369 005



Diabetes education, farmer's health, refugee health, cancer support and more.
Open: Monday - Friday, 9am - 5pm
399 Wyndham St, Shepparton, VIC.
(03) 5823 3200

13SICK

After hours, bulk billed, in-home doctor visit /telehealth session.
Open: Weekdays from 6pm Saturdays from 12 noon All day Sundays
137 425 | 13sick.com.au

NURSE-ON-CALL

Free health care advice from a registered nurse.
Open: 24/7
1300 606 024



Regular face-to-face and weekly virtual telehealth consultations with experienced rural health GPs.
Open: Monday - Friday
stanhope@telecare.com.au
hotdoc.com.au | (03) 4800 5291



Connect virtually to emergency doctors and nurses who will provide medical advice.
Open: 24/7
vved.org.au/patients/

Maternal and Child Health at Greater Shepparton City Council

A free service and available to all families with children aged 0 to 6.
Open: Monday - Friday, 8.30am to 4pm
(03) 5832 9312

Maternal and Child Health Line after-hours service

This is a 24-hour telephone service staffed by qualified maternal and child health nurses. The telephone line provides over-the-phone information, advice and referral to all families with young children.
Open: 24/7
132 229



Speak with an Australian Qualified GP from anywhere via phone or video.
Open: 24/7
healthengine.com.au



Telemedicine service providing phone or video consultations with Australian-qualified senior emergency specialist doctors.
Open: 24/7
myemergencydr.com



Consult an Australian Medical Board-certified GP by phone or video. Prescriptions, medical certificates, referrals, general consults, blood tests, x-rays and more.
Open 7 days: Weekdays 9am to 9pm, weekends 9am to 1pm
nationaltelemedicinedoctors.com
(02) 8834 7760