

February to December 2025

Youth Mental Health ECHO

(YMH) ECHO

FREE
EDUCATION

This community of practice has been established to invest in and support our child and youth mental health workforce to expand the capacity to care for our most vulnerable members of our community. GV Health and Orygen have partnered to deliver this ECHO. It is facilitated by GV Health's Dr Tejas Golhar (Child and Adolescent Psychiatrist) and Ms Sally Thomas (Manager Child and Adolescent Mental Health).

Zoom in and learn:

- Clinical case discussions
- Learn new approaches and skills
- Receive feedback and recommendations

Come along, pose a question and get advice!

What is Project ECHO®?

Extension of Community Healthcare Organisations (ECHO) is an "all teach, all learn" approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

WHEN: Monthly sessions on Mondays from 12.30pm-1.30pm via ZOOM
WHO: Child and youth mental health workforce – clinical and non-clinical are welcome
COST: Free
JOIN ZOOM: <https://echo.zoom.us/>
CONTACT: Lisa.Pearson@gvhealth.org.au

03-Feb-25	The Australian Child Maltreatment Study	James Scott, Professor of Child & Youth Psychiatry, The University of Queensland & Children's Health Queensland
03-Mar-25	Youth Addiction, Mental Health and Borderline Personality Disorder	Dr Eddie Mullens, Director of Medical Workforce Medical Lead, HYPE Clinical Stream, Youth Addiction & Dual Diagnosis Substance Use Research Group, Orygen
05-May-25	Engaging Difficult to Engage Young People—Open Dialogue	Ms Sally Thomas—Infant, Child & Youth Mental Health, Goulburn Valley Health
02-Jun-25	Good Psychiatric Management: Working With Young People with BPD/cPTSD	Professor Sathya Rao (OAM) Adjunct Clinical Associate Professor, Executive Clinical Director, Spectrum
04-Aug-25	Engaging Difficult to Engage Young People — AMBIT	Ms Nicole Ryan, Clinical Nurse Educator— Mental Health, Goulburn Valley Health

September to December



New attendees welcome at any time – regular attendance not required. For more information visit GV Health website.

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01-Sep-25	First Episode Psychosis	Professor Andrew Thompson, Head of Psychosis Research/ Head of Virtual Reality Research, Orygen
06-Oct-25	Collaborative & Proactive Solutions	Dr Tejas Golhar, Child & Youth Psychiatrist, CAMHS & Headspace, Goulburn Valley Health Shepparton/ Seymour
03-Nov-25	Pop Culture Parenting & Guiding Growing Minds	Dr Billy Garvey, Developmental Paediatrician & Founder of Guiding Growing Minds
01-Dec-25	Tuning in to Teens	Professor Sophie Havighurst, PhD, Leader, Tuning in to Kids, Mindful: Centre for Training & Research in Developmental Health