



Join our volunteer team

ARE YOU LOOKING FOR A MEANINGFUL WAY TO GIVE BACK TO YOUR COMMUNITY OR AN OPPORTUNITY TO SPEND YOUR FREE TIME IN NEW AND ENRICHING WAYS? VOLUNTEERING AT GV HEALTH COULD BE THE PERFECT FIT FOR YOU.

Why Volunteer at GV Health?

Volunteering is a rewarding experience where you can make a real difference in the lives of patients and their families. Whether it's lending an empathetic ear, helping with group activities, or participating in therapeutic sessions, there's a role for everyone.

GV Health provides comprehensive training for all volunteering roles, ensuring you feel confident and prepared.

If you're interested in volunteering, contact Volunteer Coordinator Karen Saccuzzo to discuss available opportunities and how you can get involved. 0428 898 231 or karen.saccuzzo@gvhealth.org.au

Group Activities

Join sessions designed to engage and uplift our patients:

- Therapeutic Art Sessions
- Crafting Workshops
- Gardening Club
- Music and Memory Sessions
- Guided Gentle Exercise
- Mindfulness and Relaxation Sessions
- Reading Companions
- Technology Assistance
- Memory Games and Puzzles
- Storytelling and Reminiscence Sessions
- Cooking Demonstrations
- Cultural Exchange Events
- Board Game Afternoons

Pet Therapy

Bring the joy of pet companionship to patients, reducing stress and improving emotional well-being.

Requirements for Pet Owners:

- Complete some paperwork
- Enjoy chatting about your pet
- Flexible availability
- Full training provided

Requirements for Pets:

- At least 12 months old
- Fully vaccinated
- Vet temperament checked
- Friendly and loves attention



GV Health volunteers Brenda, Elaine (front), MaryAnn and Sachini (back)



Volunteer Sue with pet therapy dog Dinky.

Why do you Volunteer?

MaryAnn:

Volunteering has created new opportunities for social interaction, and has helped me develop new skills and make new friends.

Volunteering gives me the opportunity to give back to the community, particularly to those who are in need of assistance.

Sue and Dinky:

Volunteering at GV Health provides a welcome distraction for both staff and patients.

Dinky is always providing lots of love and cuddles not only to staff and patients, but to everyone that he visits. I love hearing all about everyone's pets at home that are being missed while they are in hospital. Everyone always looks forward to seeing us both, but mostly Dinky.

One-on-One Patient Interaction

If you love a chat and have an empathetic ear, this role is ideal for you.

We have positions available across all wards, including mental health units, ensuring a variety of ways for you to contribute.