

2025

Joint Addiction & Mental Health ECHO

(JAMH) ECHO

FREE
EDUCATION

JAMH Sessions is a program for providers who want to improve the mental health and addictions care for their patients. Led by Associate Professor Ravi Bhat and Professor Edward Ogden and facilitated by GV Health Mental Health and Addiction Specialists, the program is designed to expand the capacity to care for mental health and addictions in the Goulburn Valley region and beyond.

Using real-time, interactive video:

- Learn new approaches and skills
- Participate in in-depth clinical case consultation
- Receive feedback and recommendations
- Provide expertise to a community of colleagues

What is Project ECHO®?

Extension of Community Healthcare Organisations (ECHO) is an “all teach, all learn” approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

WHEN: Weekly online sessions held Thursdays from 12:30pm - 1:30pm via ZOOM
WHO: Any provider in primary care, mental health or drug & alcohol service
COST: Free
JOIN ZOOM: <https://bit.ly/3uyTwwO>
CONTACT: JAMHECHO@gvhealth.org.au

The JAMH curriculum will address the following topics (and whatever else is requested):

- Mood disorders
- Depression
- Anxiety
- Bipolar
- Trauma and PTSD
- Adolescence
- ADD
- Special issues
- Polypharmacy
- Pregnancy
- Counselling
- Drug testing
- Screening tools
- Forensic issues
- Drugs of interest
- Cannabis
- Opioids
- Amphetamines
- Novel drugs
- Tobacco / Vaping

View information regarding 2025 sessions on the following page



New attendees welcome at any time – regular attendance not required.
For more information visit GV Health website.

February - December

2025

Zoom link <https://bit.ly/3uyTwwO>

CHRONIC PAIN

06-Feb-25	Small wins: Progress on BBV testing at GV Health	Dr Andrew Lam, Registrar Psychiatry, Suzanne Wallis, Nurse Practitioner & Dr Vinay Menon, Clinical Lead LPHU, GV Health
13-Feb-25	Theories of pain	Dr Harry Eeman Pain Physician, Rehabilitation Physician and Clinical Director Barbara Walker Centre
20-Feb-25	Contemporary attitudes to managing chronic pain	Dr Harry Eeman Pain Physician, Rehabilitation Physician and Clinical Director Barbara Walker Centre
27-Feb-25	Pain. The Lived Experience	Lived Experience Speaker. SHARC
06-Mar-25	The Fear of Pain	Mr Sean O'Donoghue, Barbara Walker Centre for Pain Management
13-Mar-25	Pain, Sleep and Substance Use	Ms Lisa Jarvie, Clinical Quality Improvement Lead & Registered Nurse, Hamilton Centre & Turning Point
20-Mar-25	Interdisciplinary Pain Management	Ms Zoë Harper, Senior Physiotherapist & Clinical Coordinator, Barbara Walker Centre for Pain Management
27-Mar-25	PTSD and Chronic Pain	Mr Seaton Charlesworth, Eastern Health
03-Apr-25	The Risk of Pain Medication	Dr Martyn Lloyd-Jones, Addiction Medicine Specialist Royal Melbourne Hospital, Alfred Health, Turning Point Eastern Health
24-Apr-25	Managing Pain in General Practice	Dr Stephanie Tabner, Addiction Medicine Registrar, Goulburn Valley Alcohol and other Drugs, GV Health
01-May-25	Misuse of Pain Killers and Risk of Diversion	Dr Adam Straub, Addiction Medicine Physician, Ballarat Community Health
08-May-25	Pain and Stigma - the family perspective	Mr Robert Campbell, Programme Manager, Family Drug & Gambling Help, SHARC
15-May-25	Safe Script	Ms Queenie Lo, A/Manager, Permits and Licensing, Department of Health
22-May-25	Comorbid Mental Health and SUD in Patients with Chronic Pain	Dr Dhanya Raveendranathan, Consultant Psychiatrist, GV Health
29-May-25	Update from the Richmond Medically Supervised Injecting Room	Mr Bradley Whitton, Integrated Community Hepatitis CNC Medically Supervised Injecting Room Richmond

PHARMACOLOGY

05-Jun-25	A National Response to Emerging Drugs	Mr Ed Broadbent, Project Manager of the Prompt Response Network, NCCRED
12-Jun-25	The Risks and Outcomes of Vaping (EVALI)	QUIT
19-Jun-25	What is a Vape and What's Inside a Vape?	Associate Professor Alexander Larcombe Head, Respiratory Environmental Health, The Kids Research Institute Australia and School of Health Sciences, University of Western Australia
26-Jun-25	Quitting Vaping	Professor Renee Bittoun, Nicotine Treatment Specialist, Consultant Medical School, University of Notre Dame,
03-Jul-25	Community Access to Pharmacotherapy for Alcohol	Dr Paul MacCartney, General Practitioner/ Addiction Medicine Specialist, cohealth
24-Jul-25	The LIMA Study—Lisdexamfetamine Trial	Mr Brendan Clifford, St Vincent's Health Australia

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A New Perspective on Care -Mental Health & Wellbeing Reform

31 Jul-25	What is Psychiatry?	Dr Rajlaxmi Khopade, Consultant Psychiatrist, Women's Recovery Network (WREN) Shepparton, Aged Psychiatric & Treatment Team (APATT) GV Health
07-Aug-25	What is Addiction Medicine?	Dr Stephanie Tabner, Addiction Medicine Registrar, GV Health
14-Aug-25	Better Connected Care for Every Victorian	TBA
21-Aug-25	Amplifying the voices of those with the Lived Experience	TBA
28-Aug-25	Reducing Restrictive Interventions	Associate Professor Ravi Bhat, Divisional Clinical Director, Goulburn Valley Area Mental Health Service, GV Health
04-Sep-25	TBA	TBA
11-Sep-25	Culturally Informed case conceptualisation: Integrating the DSM V cultural formulation into clinical practice when working with Aboriginal and Torres Strait Islander consumers	Dr Crystal Williams, Director, AIDA Board & Ms Katherine Williams, Director - Psychology, Allied Health Education, GV Health
18-Sep-25	Patient Preferences as Pillars: Why Advance Statements are Pure Gold	TBA
	Lived & Living Experience	
09-Oct-25	Why Lived Experience Matters: The differences between peer worker and lived experience	Anna Guthrie Lived Living Experience Practice Lead, North East Metro Mental Health & Wellbeing Connect
16-Oct-25	Embedding Lived & Living Experience in Service	Ms Emer Diviney , Manager APSU- SHARC
23-Oct-25	The Lived Experience - Substance Use	TBA
30-Oct-25	Developing the family & carer lived & living experience workforce	Ms Jacqui Hill & Ms Kellie Reid, Family/Carer Workforce Development Coordinators -Centre form Mental Health Learning (CMHL)
06-Nov-25	LiverWELL Lived Experience Speaker	Ms Nicoletta Burrows - Peer Worker, LiverWELL
13-Nov-25	History of Family Support	Rob Campbell, Programme Manager, Family Drug & Gambling Help, SHARC
20-Nov-25	Rule Breaker to Change Maker!!	Mr Jarvis Atkinson, proud Yorta Yorta man from Shepparton Cumberagunja
	Rethinking How We Deliver Care	
27-Nov-25	Victoria's Virtual Emergency Department - responding to the needs of mental health & substance use Richard Penberthy & Team	Mr Richard Penberthy & team, Victorian Virtual Emergency Department (VVED)
04-Dec-25	Lifestyle Medicine: interventions in the management substance use disorder and mental health	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
11-Dec-25	Aspects of stigma in mental health affecting multicultural communities	TBA