

2025

Aged Care Mental Health ECHO

(ACMH) ECHO



FREE
EDUCATION

This community of practice has been established to invest in and support our aged care workforce to care for our most vulnerable members of our community. It is led by Dr Rajlaxmi Khopade, Consultant Old Age Psychiatrist, and Ms Kate Furlanetto, Aged Clinical Nurse Educator from APATT.

Zoom in and learn:

- Clinical case discussions
 - Learn new approaches and skills
 - Receive feedback and recommendations
 - Hear from a guest speaker
- Come along, pose a question and get advice!

What is Project ECHO®?

Extension of Community Healthcare Organisations (ECHO) is an “all teach, all learn” approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

WHEN: Monthly sessions on Tuesdays from 1.30pm - 2.30pm via ZOOM
WHO: Aged care workforce and primary care providers – clinical and non-clinical are welcome
COST: Free
JOIN ZOOM: <https://bit.ly/3AqofPP>
CONTACT: Lisa.Pearson@gvhealth.org.au

	Theme	
11-Feb-25	Is Strength Training Worth It?	Ms Nicky McKeown, Exercise Scientist, BeeHive Health and Fitness & Manager, Workplace Health Programs
11-Mar-25	What is Aged Care and Mental Health ECHO?	Dr Rajlaxmi Khopade, Consultant Psychiatrist and Kate Furlanetto Older Adult Clinical Nurse Educator, Mental Health, Goulburn Valley Health
13-May-25	LGBTIQ+ Inclusive Services in Residential Aged Care	Kedy Kristal, Executive Officer of GRAI, GLBTI Rights in Ageing
10-Jun-25	Multicultural Aspects of Residential Aged Care	Associate Professor Josefina Antoniades, Health Communications & Society, School of Humanities and Social Sciences, La Trobe University



New attendees welcome at any time – regular attendance not required. For more information visit GV Health website.

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	Theme—Escalation Pathways	
12-Aug-25	Severe Behaviour Response Team	Ms Jessica Arnold, Team Leader, Dementia Support Australia
09-Sep-25	Victorian Virtual Emergency Department & GEDI Geriatric Emergency Department Intervention	GEDI Team—Northern Health
14-Oct-25	Residential In-Reach Hume Health Partnership Referrals	Ms Pettina Hodgson, Nurse Practitioner, Residential In-Reach, GV Health
11-Nov-25	Geri connect	TBA
09-Dec-25	Movement disorders, rehabilitation and support for neurological disease progression	Rhys Noble, Manager- HIP Rehabilitation Services, Community Rehabilitation Centre, GV Health



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